

INFORMATION FOR YOUNG PEOPLE



What we do: When we have worries about you

If someone who knows you (like a teacher, health worker, or someone else in your life) is worried about your safety or wellbeing, they may ask for help from other services.

This means professionals (like social workers, police, health staff, and school staff) will share information and talk about how to keep you safe.

This is called an **Interagency Referral Discussion (IRD)**.

You and your family will be told about any worries, and we will explain what is happening.



What will happen next?

A social worker might meet with you to:

- Ask how you're doing
- Talk about anything that's worrying you
- Understand what support you need

We will be honest with you about any worries we have and what we're trying to do to help keep you safe.

Sometimes:

- A social worker and a specially trained police officer might speak with you together
- If you've been hurt, we would speak to you and your family about being seen by a doctor

You'll be included in decisions, and a plan will be made with you to help keep you safe.

If no further action is needed, you'll still be supported by people already in your life (like school staff or health workers).



A child protection meeting

If there are serious worries, a child protection meeting may be arranged. This meeting includes professionals and your family, and focuses on how to make things safer for you.

Before the meeting:

- Everything will be explained clearly to you
- You'll be asked if you want to come
- You can bring someone you trust for support

At the meeting:

- Your views are important
- You can speak yourself, or ask someone to speak for you
- A plan will be agreed to improve your safety



After the meeting what will happen?

There are two possible outcomes:

1. No extra support needed

You'll continue getting support from people already involved in your life.

2. A safety plan is needed

- A social worker will visit you each week to offer help and support
- Everyone involved will meet regularly to check how things are going
- The plan will continue until things are safer for you



What are my rights?

You have the right to:

- **Be listened to** – your views matter so we want you to tell us what you think, feel and want.
- **Be involved** in decisions and meetings about you.
- **Understand what's happening** and why.
- **Choose how you share your views** (talk, write, or through someone else)
- **Have support at meetings**, including someone you trust.
- **Ask for an advocacy worker** (someone independent who helps make sure your voice is heard)

You are an important part of all decisions about your life.



Contact details for the social worker helping you:

Name:

How to contact: